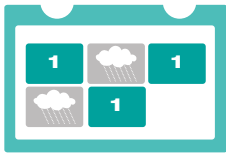


Mental Health *in Hawai'i*

2018 numbers at a glance



One person, regardless of age, dies by suicide approximately **every two days**, making suicide the **1st** leading cause of death for ages 15-34 in the state. [\[S1\]](#)



13 is the average age of adolescents in Hawaii receiving mental health treatment in 2018 according to the Child and Adolescent Mental Health Division (CAMHD) [\[S2\]](#)

TOP 5

Primary diagnosis (DSM-5) for adolescents in the state [\[S3\]](#)

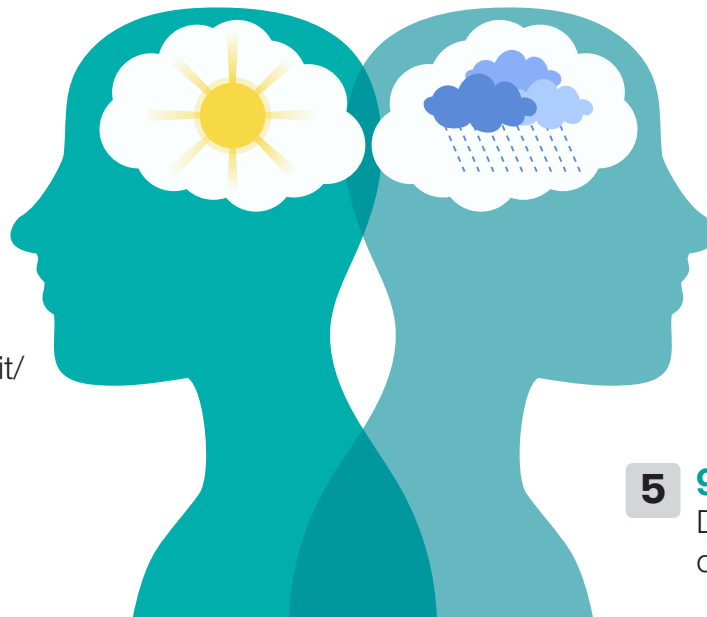
1 **24.0%** Disruptive, Impulse-Control and Conduct Disorders

2 **20.7%** Attention-Deficit/Hyperactivity Disorder (Neurodevelopmental Disorders)

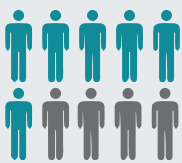
3 **15.3%** Depressive Disorders

4 **13.8%** Adjustment Disorder (Trauma and-Stressor-Related Disorders)

5 **9.1%** Posttraumatic Stress Disorder (Trauma and-Stressor-Related Disorders)



6 OUT OF 10



Youth with a major depressive episode **DID NOT** receive any mental health treatment. Despite the enactment of the Mental Health Parity and Addiction Equity law (MHPAE), private insurances have found subtle ways to limit coverage of mental health services, ranking the state **44th** with prevalence of children lacking mental health coverage. [\[S4\]](#)

Hawai'i is **ranked 24th** in the nation based on seven youth mental health measures including **high prevalence of mental illness**, youth ages 12-17 who suffer at least one major depressive episode (MDE) in the past year. Childhood depression is more likely to persist into adulthood if gone untreated. [\[S5\]](#)

